Vibration (HAVS)

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HEALTH & SAFETY

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Has your workforce received sufficient vibration (HAVS) training?

Hand-arm vibration syndrome (HAVS) causes numbness and uncomfortable sensations in the fingers, hands and arms. Vibrations from tools can travel through a worker's hands and arms in as few as 6 months. The syndrome commonly manifests as Vibration white finger or Carpal tunnel syndrome. The latest annual statistics showed 180 claims were made for vibration syndrome and 145 for Carpal tunnel syndrome.

Health and Safety Executive - HSE

Who is vibration (HAVS) training for?

Anyone who uses or is exposed to machinery that creates vibrations in the workplace should take this course.

Vibration (HAVS) training shows employees how to keep safe and avoid injury in the workplace.

What does the vibration (HAVS) course cover?

The vibration course covers:

- *The science behind vibrations (HAVS)*
- *Symptoms of HAVS*
- *The Control of Vibration at Work Regulations 2005*
- *Vibration exposure levels*

What is the benefit of vibration (HAVS) training for your business?

Most people using machinery that causes vibrations tend to work remotely or on field-work. Such employees can access this online training remotely or on the job using mobile devices.

The course provides quick and effective training with up-to-the-minute progress records.

Staff can complete their training at any time to suit your needs and download certificates upon completion.

Video Presentations.

Interactive Games.

Final Exam – Certificates Provided.

****The number of Carpal tunnel syndrome cases includes cases caused by repetitive movement of the wrist. It is not possible to separate the vibration-related and repetitive-movement-related cases of Carpal tunnel syndrome (The Injuries Disablement Benefit Scheme).***

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